face Wrap

As we age, our skin begins to show the damage caused by sun exposure, environmental toxins, smoking, drinking or too little sleep.

The Face Wrap is a completely natural nonsurgical facial system that deeply cleanses and nourishes to rejuvenate and repair the skin.



Three Easy Steps: Prepare, Wear & Rejuvenate

Prepare

- **1.** Before first-time use, rinse the Face Wrap fabric and ring out excess water.
- 2. In a bowl, add 1 heaping teaspoon Mineral Sculpting Powder to 3/4 cup distilled or purified drinking water. IMPORTANT: Do not use tap water unless it doesn't contain fluoride or chlorine. Let powder dissolve. Place Face Wrap fabric in the liquid until saturated. Remove and pinch out excess.

How to Wear The Face Wrap



3. Hold the two ends of that section with each hand. Place the

section that goes around your face and head.

center of the Face Wrap under your chin. Pull straight UP & BACK over the cheekbones (not just back) and fasten at the top back of your head. Your face should not be squashed forward. Bring the edge of the fabric as close as possible to the outside corners of your eyes.



4. Adjust The Face Wrap so it is comfortably secure. Place your hand between your face and the fabric to gently lift your skin up and toward the ear. The under-chin area and sides of your face should feel smooth and lifted. Your face shouldn't feel

squashed and your cheeks should not be pushed toward your nose.



5. Lift and arch your eyebrows as you wrap the forehead band around your forehead. Gently lift the outer ends

of your eyebrows with your finger after the forehead band is secured.



6. The neck piece can be snug or loose, depending on your preference. If you wish, you can cover your lips and the area above your lips to hydrate the skin and reduce the sign of wrinkles.

Rejuvenate — 45-60 Minutes

A. During the treatment, pour remaining liquid into plastic squirt bottle. Re-apply liquid to the fabric every 10–15 minutes or more often if desired.

B. Wear *The Face Wrap* for 45-60 minutes. When treatment is complete, remove Face Wrap. Rinse face, neck and chest with water. Pat dry and apply your normal skin care products.

C. Don't exceed 60 minutes per treatment. For longer treatments, remove the Face Wrap, rinse fabric thoroughly and start a new treatment.

Recommended use:

Best results occur when you build momentum:

- Week #1: 3-4 times or as often as possible
- Week #2: 2-3 times or as often as possible
- Week #3: 1-2 times
- Week #4: 1-2 times
- Maintenance: Do weekly or monthly treatments to continue improvement.

Product safety:

The ingredients in *The Face Wrap* are food grade and inorganic. They are intended for external use only. Provided the water you use is pure and drinkable, there is no concern about getting the liquid on your lips or in the eyes.

Attention to special areas

- For special areas such as puffy eyes and fine lines on the upper lip, saturate disposable cotton pads with the liquid solution and place over or under the eyes and/or over the lips.
- If you get a burning or itching sensation during a treatment, saturate the fabric with the extra liquid using the squirt bottle. The sensation is an indication that the skin is purging impurities. Adding more liquid should stop or lessen the sensation.

Suggested washing methods:

The fabric can develop an odd smell caused by the impurities that are removed from your skin, if fabric is not rinsed or cleaned after each use. Never use soap or fabric softener. Soap residues can remain in the fabric and absorb into your skin during a following treatment. The following are several methods to choose from:

A. Rinse by hand with warm water.

B. Soak in hydrogen peroxide and rinse well. Use 1/2 cup 3% hydrogen peroxide to 2 cups water.

C. Soak in a bowl of water and a few drops of bleach. Rinse VERY well.

D. Machine wash without soap. Note: only use machine if water does not run through the soap dispenser.

E. Any herbal antibacterial such as grapefruit seed extract or oil of oregano can be used when rinsing fabric.

Ordering refills:

Call 866-322-3272 or 727-447-6065 Email: 411@BeautyBeNatural.com

Online video:

See the "How to Use *The Face Wrap* Video" at www.TheFaceWrap.com

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